

## **Evidence-Based Life Care Plans and Earning Capacity Analyses**

This presentation will compare and contrast quintessential standards, methodologies, and tenants of life care planning and earning capacity analyses. Case study examples will be outlined for review. Consequences of failure to follow evidence-based parameters will be discussed.

Presenters: Michael Fryar, CRC, RN, CCM, CLCP, QRP  
Betsy Keesler, RN, CLCP

### **Speaker Bios:**

Michael Fryar earned a Bachelor of Arts in Psychology from the University of North Carolina at Chapel Hill. He subsequently graduated Summa Cum Laude with a Dual Master's in Rehabilitation Counseling and Vocational Evaluation from East Carolina University. During 2005, he completed a 120-hour post-graduate training program in life care planning through Kaplan University with lead instructor, Dr. Paul Deutsch, the founder of life care planning process. Finally, Mr. Fryar completed his Associate Degree in Nursing at Sampson Community College. Mr. Fryar is a Certified Rehabilitation Counselor (CRC), Registered Nurse (RN), Certified Case Manager (CCM) and Certified Life Care Planner (CLCP). He is also a registered Qualified Rehabilitation Professional (QRP) through the North Carolina Industrial Commission. Mr. Fryar has worked as a rehabilitation charge nurse for the brain injury, spinal cord injury and general rehabilitation units of Wake Forest University Baptist Medical Center. He has served as the past Secretary for the International Association of Rehabilitation Professionals' (IARP) National Forensic Board. He is currently an active member of the Rehabilitation and Disability Case Management (RDCM) National Board and was also recently appointed to the Education Subcommittee for the International Association of Rehabilitation Professionals (IARP). In total, Mr. Fryar has worked for nearly 20 years within the rehabilitation field. He provides independent case management and consultant services.

Betsy Keesler earned a Diploma in Nursing from Presbyterian Hospital School of Nursing in 1987 where she was awarded Clinical Excellence in Pediatric Nursing upon graduation. Ms. Keesler subsequently completed a Bachelor of Science in Nursing during 1990 with receipt of High Distinction through George Mason University. In 2021, she completed 120-hours of post graduate training for life care planning through the Institute for Rehabilitation Education and Training (IRET). Ms. Keesler is a registered nurse (RN) and a certified life care planner (CLCP). She has worked in the hospital setting as a registered nurse (RN) for Pediatric and Neonatal Intensive Care Units and within the outpatient medical setting as a community health nurse. As a community health nurse, she coordinated and provided care for a large and diverse patient population within the school system. Also, Ms. Keesler was a nursing manager for the Adult Evaluation and Review Service within the Maryland Department of Health. Her clinical work through the public health department involved the coordination of medical and nursing services to support ongoing safe community living for persons with catastrophic diagnoses and chronic health conditions. Ms. Keesler has held numerous leadership positions throughout her nursing career and was the recipient of the Maryland Nurse of the Year award during 2009. She currently works full-time as a life care planner with Inquis Global, LLC.